



First, watch
this week's
video!

Make Waves:
What you
do today
can change
the world
around you

Memory Verse

"The fruit the Holy Spirit produces is love, joy and peace. It is being patient, kind and good. It is being faithful and gentle and having control of oneself."
Galatians 5:22-23a,
NirV

Bible Story

We Love Because
God Loved Us
1 John 4:9-13

Key Question

How can you love
others like God does?

Use this guide to help your family learn how God's Spirit can help us "make waves."

Activity

Five Names

What You Need:

Five index cards; writing utensil

What You Do:

Say, "Write down the names of five people that you love—one name on each index card. Then, think of one thing you love about each person. It can be silly or serious."

When your child is finished, ask them to share their names and reasons. Then remind them that what we discussed today: that we should love others because God loves us.



Talk About the Bible Story

Is it difficult for you to love others? If so, why/when?

What are some things that show you that God loves you?

What motivates you to love others?

Let's look back at your five cards and think of one way you can show love to each of these people. (*Offer help and ideas as needed.*)

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for the love You have for each of us. Thank You for showing love to the world since the very beginning of time. The stories of Your people are evidence of all the many ways You have loved this world unconditionally. Thank You, also, for all the people You've put in our lives. Please help us remember that we can change the world for the better by the way we choose to love. We love You, God. In Jesus' name we pray, amen."